



Spend family day at the Middlesex Wellness and Recreation Centre!

Monday, February 18th

10:00am-3:00pm

This is a free public event

10am-3pm – Scavenger Hunt & Board Games in the library

10am – Instructors Choice in the Fitness Studio

10:30am –Storytime in the library

10am-12pm – YMCA Family Obstacle Course in the Gymnasium

12-3pm – Family Open Gym

1-3pm - Free Skate (also offered at the Ilderton Arena)

10am-12pm Childminding offered for YMCA Members



Building healthy communities



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